



Primary Floor Hockey

Palmer Rapids

RULES and INSTRUCTIONS

1. Sticks will be provided at the tournament. They are the “chubbie” type of stick with rounded edges, for maximum safety. The children will also play with a “soft” hockey ball (not a puck).
2. Each team will play with 6 players on the floor consisting of a goalie, two defensive players, two forwards and a centre.
3. Games will be 10 minutes in length (no stop time).
4. Stick must remain below the waist at all times.
5. No slap shots are permitted.
6. No body contact, stick-on-body contact, or stick-on-stick contact. Penalties for stick infractions will be strictly enforced.
7. Penalties will be given for:
 - a. Poor sportsmanship
 - b. Rough Play
 - c. High sticking
 - d. Body checking
 - e. Slap shots
8. Penalties will be served with a penalty shot.
9. No jewellery is to be worn during games.
10. Goalies must wear protective mask, gloves and knee pads.
11. Face-offs will begin a game and restart a game after goals are scored.
12. Defence players are not allowed to cross the centre line into the attacking zone.
13. Wingers from opposing teams change places once the ball is dropped and cannot re-cross the centre line.
14. Wingers must remain in the attacking zone and may not cross the centre line back into their defensive zone.
15. Centre plays the entire length of the floor.

This is a Friendship Tournament.
Coaches are urged to emphasize fair play and making friends.